

# What PESSPA looks like at St Mary Mags

## Assessment

PE assessment tools have been created in line with PE Hub. This supports staff when making their judgements at the end of each half term. The children are assessed across a range of activities and their final judgement is compared to their baseline.



## Sequenced lessons

All children are provided with 2 hours of PE each week. The PE Hub supports our curriculum overview which ensures all children are provided with sequenced lessons. Staff are provided with detailed lesson plans which are adapted to meet the needs of our children.

## CPD Opportunities

Through staff audits, strengths and weaknesses are identified for staffing and Sports Plus PE coaches are used to provide targeted specialist CPD support opportunities.

Units of Work

> Gymnastics	18 Lesson Plans	47 Resources	5 Videos
> Dance	12 Lesson Plans	14 Resources	2 Videos
> Attack/Defend Shoot	12 Lesson Plans	10 Resources	2 Videos

## Extra-curricular sports activities

We offer a range of after school activities across the year for all age groups. These are based on the children's interests and are free of charge.

## Physical Activity

Through the Daily Mile, free extracurricular activities and lunch time provision available to all children, children at St Mary Mags are given the opportunity to exceed the daily recommended physical activity of 30 minutes.



At the core, we focus on quality teaching and learning opportunities for all children.

## Resources to support teaching and learning

National Curriculum

PE Hub

YST/ aPPE



## Wider opportunities

Children in Years 3 to 5 take part in yearly swimming lessons. Our Year 6 pupils also attend a residential trip and we are beginning to reintroduce sports competitions within and outside of our school.



## PE Hub

We use the scheme from PE hub as the basis of our PE lessons. This scheme ensures high quality PE lessons are being completed throughout the school, providing staff with the knowledge to challenge and support children using assessment and differentiation.

## Vocabulary

To articulate understanding of skill and knowledge progression.

